

**An Unique Bluegrass Experience!**

Spend a fun-filled three and half days with others who share a love for playing bluegrass music. The 108 CFBW provides a friendly, noncompetitive environment for all players. We provide ample opportunity for class time, special workshops, jam sessions, concerts and many other spontaneous activities.

Join Us for a Unique one of a kind Bluegrass Workshop held within the setting of a world-renowned health resort and guest ranch, located in the beautiful hills of the Cariboo in British Columbia, Canada.



**2010 Seminar Leaders**

**Bill Evens & Megan Lynch**

[www.nativeandfinerecords.com](http://www.nativeandfinerecords.com)  
[www.fiddlestar.com](http://www.fiddlestar.com)

**Foggy Hogtown Boys**

<http://foggyhogtownnboys.com/foggy/index.html>  
[www.chriscoole.com](http://www.chriscoole.com)

**Special Consensus**

[www.specialc.com](http://www.specialc.com)

**Sally Jones**

[www.sallyjones.net](http://www.sallyjones.net)

**Chris Jones**

[www.chrisjonesmusic.com](http://www.chrisjonesmusic.com)

**Ivan Rosenberg**

<http://ivanrosenberg.com/>

**Gene Bretecher** [www.genebretecher.com](http://www.genebretecher.com)

~ **Bob Underhill** ~ **Garry Stevenson** ~  
~ **Keith Hill** ~

Need more information?  
Check out our Website! [www.bcbluegrass.com](http://www.bcbluegrass.com)

<http://www.bcbluegrass.com>

108 Cabin Fever Bluegrass Workshop  
PO Box 26  
108 Mile Ranch, BC Canada V0K 2Z0

**108 Cabin Fever Bluegrass Workshop**

7th Annual

**108 Cabin Fever  
Bluegrass  
Workshops**

**Instruction in all  
Bluegrass  
Instruments including  
Voice**



Evening Reception  
March 24th.

March 25 to 28th.

“Bluegrass Proud”

108

**The Hills Health Guest Ranch**

PO Box 26

108 Mile House, BC

V0K 2Z0

[www.bcbluegrass.com](http://www.bcbluegrass.com)

## Classes & Seminar Leaders

Seminar Leaders Subject to change

- Beginning Rhythm Guitar:** Bob Underhill  
**Intermediate Rhythm Guitar:** Gene Bretecher  
**Beginning Flatpick:** Garry Stevenson  
**Intermediate Flatpick:** Ryan Roberts  
**Beginning Fiddle:** Keith Hill  
**Intermediate Fiddle:** John Showman / Megan Lynch  
**Beginning Banjo:** Chris Quinn  
**Intermediate Banjo:** Greg Cahill / Bill Evens  
**Clawhammer Banjo -** Chris Coole  
 (class level— advanced beginners & Intermediate)  
**Beginning Mandolin:** TBA  
**Intermediate Mandolin:** Andrew Collins / Rick Faris  
**Dobro:** Ivan Rosenberg  
**Beginning Bass:** Max Heindeman  
**Intermediate Bass:** David Thomas  
**Bluegrass Vocals:** Sally Jones & Chris Jones



### Workshop Schedule

**Wednesday Evening: March 24th.**

**\*Workshop Reception 7:30 pm.**

**\*Meet and greet your instructors**

**\*Workshop Information .**

**\*Jams.**

Thursday morning: 9:00 to 9:15 — Are you in the right class ?

#### Daily Classes:

- Class Time: 9:15 to 10:15 am ~ Break: 10:15 to 10:30 am  
 Class Time: 10:30 to 11:30 am ~ Lunch Time: 11:30 to 1:00 pm  
 Class Time: 1:15 to 2:15 pm  
 Group Band with Mentor Instructor: 2:30 to 3:30  
 Break: 3:30 to 4:00 pm  
 Special Workshops : 4:00 pm To 5:00 pm

**Thursday, Friday & Saturday - Evening Events**

**Supper: 5:00 to 6:30**

**All Evening Performances: 7:30 pm**

- Thursday, March 25th. Student Band Scramble  
 Friday March 26th., Instructors Concert  
 Saturday March 27th.. Student Concert  
 Snacks & Jamming to follow all evening performances

### HOW TO PICK YOUR PLACEMENT LEVEL

**No music theory or music reading skills required whatsoever! You will stay with the same instructor for the entire Camp.**

**No class rotation**

**Beginners: All Instruments:** Should know basic open chords, 3-8 chords at least. Should be able to strum and change chords easily and steadily. Should know 2 to 12 simple songs. A knowledge of reading tablature is a huge plus, but not necessary. Should be able to tune their instrument by ear or with a tuner, put on the picks if used, know which string is which (first, second, etc) and the names of the strings.

**Banjo Players:** Should know a couple of basic rolls, (Forward, backward, alternating thumb). Banjo—should be able to play one song all the way thru, preferably Cripple Creek or Boil Them Cabbages

**Mandolin and Flatpickers:** Should be comfortable using the pick, basic chords, should know 2-12 instrumental songs but do not have to be up to speed.

**Intermediates: All Instruments: All of the above plus...** Should be able to comfortably play chords, 10-20 tunes from memory, some scales and be able to get a good sound from the instrument. Understand the use of a capo. Should be becoming aware of the instrument's role in a group situation and be asking questions such as: "How do I backup another musician or singer?" or "How do I play solos up the neck?" or "How can I learn to play faster?"

**Flatpickers and Mandolins:** Plectrum users should be able to play some fiddle tunes using appropriate alternating strokes at a moderate tempo. Understand movable chords. Transpose chords from one key to another. Play some tunes with variations.

**Banjo Players:** Should be able to play 3-4 different rolls up to speed. Should know 1st and 2nd position chords and hopefully 3rd position chords. Should be able to interchange rolls and riffs.

TUITION \$260.00 + 7% GST / CLASS CHOICE

Sign up for: Class Deposit (s) Full Tuition

**First Choice**

**2nd. Choice**

Accommodation & meals please call

Shuttle service please call

Tuition:

Subtotal:

5 % Tax:

Total:

Name

Address

Phone

Method of Payment

- Check
- Bill Me
- Visa
- MasterCard
- Other

Credit Card #  Exp. date

Signature

**More information on instructors or classes... Contact:**

**108 CFBW Coordinator: Rossetta Paxton**  
**Email: rossetta@shaw.ca - Subject line: 108 CFBW**  
**Phone: 250.398.7368 - Fax: 250.398.8467**

**REGISTRATION & RESERVATIONS .... CONTACT**

**108 Cabin Fever Bluegrass Workshop**

PO Box 26  
 108 Mile Ranch, BC Canada V0K 2Z0

Phone: 250.791.5225 or **1.800.668.2233**

Fax: 250.791.6384

Email: info@thehillshhealthranch.com

**www.bcbluegrass.com**